

## PARENT'S GUIDE TO REQUIRED CAMP FORMS

NAME OF FORM	WHO NEEDS IT?	PHYSICIAN SIGNATURE REQUIRED?	PARENTS SIGNATURE REQUIRED?	DUE DATE	WHAT ELSE DO I NEED TO KNOW?
HEALTH EXAM FORM	Every Camper	YES	NO	30 Days before Camp - Sooner is better!	Your child's physical exam is good for 3 years so you may not need an doc appt but the doc still needs to complete and sign the form
ASTHMA ACTION FORM	A Camper who will be bringing an inhaler to camp to treat Asthma	YES	NO	30 Days before Camp - Sooner is better!	A Self Administration of Medication form must also be submitted for EACH medication brought to camp for Asthma (i.e., An Inhaler and an anti-inflammatory medication would need 2 separate "Self Administration of Medication" forms - medications can't be combined on one form
EPI-PEN EMERGENCY HEALTHCARE PLAN	A Camper who will be bringing an EPI-Pen to camp for a severe allergy	YES	YES	30 Days before Camp - Sooner is better!	If your camper has more than one condition that requires an Epi-Pen, you must submit this form for each condition (i.e. if your child has both a severe food allergy and a bee sting allergy that would both require an Epi-Pen, the doctor needs to complete and sign 2 Epi-Pen Emergency Healthcare Plan forms. In addition, A Self Administration of Medication form must also be submitted for EACH medication brought to camp that requires an Epi-Pen (i.e., the Epi-Pen and Benedryl (or other) would require 2 separate "Self Administration of Medication" forms - medications can't be combined on one form
SELF ADMINISTRATION OF MEDICATION FORM	A Camper who is bringing medication to camp. This includes over-the-counter medications like tylenol, ibuprofen, vitamins, etc.	YES	YES	30 Days before Camp - Sooner is better!	1 form must be submitted for EACH medication brought to camp. This form is the Physicians authorized written order providing specific instructions on administering each medication. Please be sure to read the description page attached to the form which defines "Self Administration of Medication". It is important for parents and Physicians to understand this direction so the form is completed correctly.
INDIVIDUAL PLAN OF CARE	A Camper who requires special care/accommodations while at camp. Health care needs such as allergies, special dietary needs, dental problems, hearing/visual impairments, chronic illness, developmental variations, etc. are examples that might require a Plan of Care.	NO	YES	30 Days before Camp - Sooner is better!	Use this form to tell us about taking extra care or a special accomodation that is important for our camp staff to know to ensure your Camper's experience is the best it can be!
PRE-CAMP HEALTH SCREENING FORM	Everyone	NO	YES	Submit in-person at Check-in on the first day of Camp	Use this form to assess your child's health immediately before camp, in order to help us ensure a healthy camp session.
RELEASE TO WALK/BIKE TO CAMP	Anyone planning to have their child walk or bike to camp without an adult	NO	YES	5 days before the first day of Camp	